**P.E. Matrix/Unit Rotations**

|  | **Semester 1A** | **Semester 1B** | **Semester 2A** | **Semester 2B** |
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| **9th Grade** | 1. Adventure I2. Fitness I3. Tchoukball | Health 91. Dimensions of Wellness
2. Sexual/Reproductive Health
3. Drug/Addiction Education
 | 1. Body Awareness2. Team Sports I: Pillo Polo I3. Team Sports I: Soccer | 1. Tennis I 2. Wiffle Ball3. Frisbee Games I |
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| **10th Grade** | Driver’s Education | 1. Volleyball I2. Pickleball I3. Football | 1. Adventure II (Junior ALPS)2. Fitness II3. Softball Skills I /Coop. Games | 1. Adventure II 2. Fitness II3. Softball Skills I /Cooperative Games |
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| **11th Grade** | 1. Adventure III 2. Tennis II3. Golf I | 1. Fitness III - Lifetime Fitness2. Team Sports II: Pillo Polo II3. Team Sports II: Team Handball | 1. Archery I2. Badminton I3. Team Sports III: Basketball I | Health 111. CPR/First Aid/AED Training
2. Addiction Education
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| **12th Grade** | 1. Softball II2. Badminton II3. Frisbee games II | 1. Archery II2. Fitness IV | Health 121. Reproductive Health
2. Family Living
3. Post-Secondary Transition
 | 1. Golf II2. Volleyball II3. Orienteering |