**P.E. Matrix/Unit Rotations**

|  | **Semester 1A** | **Semester 1B** | **Semester 2A** | **Semester 2B** |
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| **9th Grade** | 1. Adventure I  2. Fitness I  3. Tchoukball | Health 9   1. Dimensions of Wellness 2. Sexual/Reproductive Health 3. Drug/Addiction Education | 1. Body Awareness  2. Team Sports I: Pillo Polo I  3. Team Sports I: Soccer | 1. Tennis I  2. Wiffle Ball  3. Frisbee Games I |
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| **10th Grade** | Driver’s Education | 1. Volleyball I  2. Pickleball I  3. Football | 1. Adventure II (Junior ALPS)  2. Fitness II  3. Softball Skills I /Coop. Games | 1. Adventure II  2. Fitness II  3. Softball Skills I /Cooperative Games |
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| **11th Grade** | 1. Adventure III  2. Tennis II  3. Golf I | 1. Fitness III - Lifetime Fitness  2. Team Sports II: Pillo Polo II  3. Team Sports II: Team Handball | 1. Archery I  2. Badminton I  3. Team Sports III: Basketball I | Health 11   1. CPR/First Aid/AED Training 2. Addiction Education |
|  |  |  |  |  |
| **12th Grade** | 1. Softball II  2. Badminton II  3. Frisbee games II | 1. Archery II  2. Fitness IV | Health 12   1. Reproductive Health 2. Family Living 3. Post-Secondary Transition | 1. Golf II  2. Volleyball II  3. Orienteering |